BODY PIERCING AFTER-CARE INSTRUCTIONS

PLEASE FOLLOW THESE AFTERCARE INSTRUCTIONS:

- please cleanse the pierced area by using antibacterial or antimicrobal soap for the external skin and/or antiseptic or carbamide peroxide mouthwash for the oral cavity;
- for at least the first two to six weeks minimize exposure to the sun, and discourage swimming in fresh, salt, or chlorinated water;
- · use sterile bandages or other sterile dressing when necessary;
- the client shall consult a health care practitioner at the first sign of infection or allergic reaction, and report any
 <u>diagnosed</u> infection, allergic reaction, or adverse reaction resulting from the body piercing to the artist and to the Texas
 Department of Health, Drugs and Medical Devices Division at 1-888-839-6676.

NIPPLE/GENITAL

- clean with anti-bacterial soap in the shower, rinse thoroughly by moving jewelry back and forth
- · cleaning with sterile saline wash three to four times daily is recommended
- dissolve one teaspoon of <u>sea salt</u> in two ounces of warm water, let soak for at least five minutes, twice per day, this will aid healing
- no swimming in fresh or salt water until completely healed(8-12 weeks)
- do not cover, use a sterile bandage if absolutely necessary
- do not use hydrogen peroxide or alcohol to clean piercing
- do not change jewelry until completely healed (8-12 weeks)
- limit oral contact while healing, use a condom during sex (for genital only)
- minimize exposure to filth

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